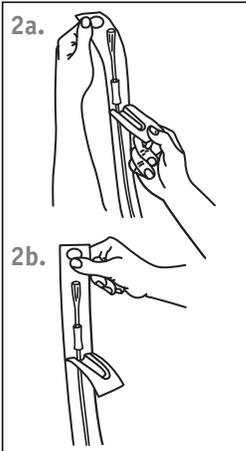
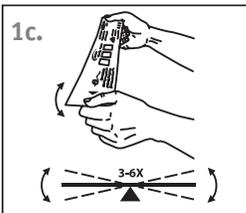
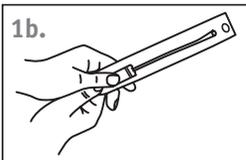


HOW TO PREPARE YOUR magic³ HYDROPHILIC INTERMITTENT CATHETER



Step 1

Prior to Opening the Package

- Wash your hands thoroughly**
- Break the Water Packet** by applying pressure to the foil packet to release the water (Hint: fold the water packet prior to applying pressure to ease release). Ensure all water is released from the foil packet.
- Wet the Catheter** by holding the package with the printed side up and tipping the package end-to-end three to six times. This movement is required so that the water transfers back and forth over the catheter to fully wet the hydrophilic coating.

Step 2

Opening the Package

- Peel Open the Package** at the funnel end to expose approximately 4" of the catheter. Do not remove the catheter yet.
- For convenience use the adhesive tab at the funnel end of the package to **stick the package to a nearby dry vertical surface** while preparing to catheterize.

Proceed with catheterization. See "How to Catheterize Using Your magic³ Hydrophilic Intermittent Catheter" on reverse side.



Manufactured in the U.S.A. by:

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HOW TO CATHETERIZE USING YOUR magic³ HYDROPHILIC INTERMITTENT CATHETER

Step 1

Prepare Your magic³ Hydrophilic Catheter for Use.

See reverse side for instructions.

Step 2

Wash Meatus. Thoroughly wash area around meatus before catheterizing.

Step 3

Using the Catheter

With Sure-Grip

- a. Hold the Sure-Grip with your dominant hand and squeeze it to hold the catheter shaft as you remove the catheter from the pack.
- b. Next, hold the catheter funnel above the Sure-Grip with your other hand and slide the Sure-Grip down the shaft, stopping at around 6" from the tip. Release the funnel.
- c. While gripping the catheter with the Sure-Grip, gently pass the tip of the catheter into your urethra until the Sure-Grip nears the meatus. If there is no urine flow, loosen the tension on the Sure-Grip to allow it to slide back towards the funnel end. Re-grip Sure-Grip and continue to insert the catheter into the urethra. Repeat until urine starts to flow.

Without Sure-Grip

- a. Hold the funnel end and remove the catheter from the packaging.
- b. Gently pass the tip of the catheter into your urethra and advance the catheter until urine starts to flow.

Step 4

Drain Urine. As soon as urine starts to flow, point the catheter towards the toilet or other collection device. Try to keep the catheter steady until urine stops flowing.

Step 5

Withdraw Catheter. When urine stops flowing, slowly withdrawal the catheter, stopping if flow starts again, until the last few drops have drained.

Step 4

Dispose Catheter and Packaging. Finish by disposing of the catheter and its packaging. Wash your hands with soap and water.