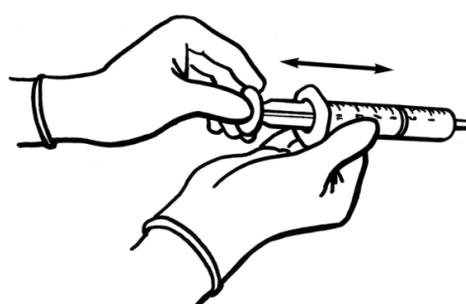


# COUNT IT DOWN

## Foley Catheter Deflation

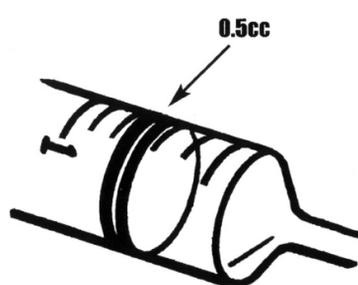
### 1 Exercise the syringe

Slide the syringe plunger up and down the barrel several times to "loosen it up."



### 2 Back-off to 0.5cc

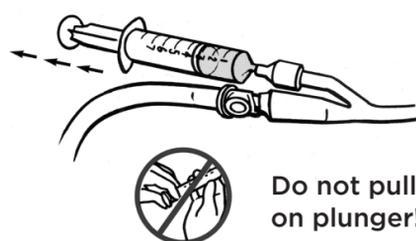
Compress the plunger all the way and then pull back 0.5cc to prevent adherence.



### 3 Let balloon volunteer its water

Gently insert syringe in catheter inflation valve, using only enough force to make the syringe "stick" in the valve.

Allow pressure within the balloon to force the plunger back as it fills with water.



Do not pull back on plunger!

### 4 Wait at least 30 seconds

It takes thirty seconds for the water to flow through the small-diameter inflation lumen.

If you notice slow or no deflation, gently re-seat the syringe.



Cross-Section of Catheter

IF NO DEFLATION



### 5 Reposition patient

If the retention balloon still does not deflate, reposition the patient to ensure catheter is not in traction or compressed within the bladder, and urine flows freely.

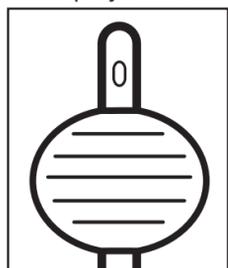


If balloon still fails to deflate, apply gentle, slow aspiration. Forceful or rapid aspiration may cause the inflation lumen within the Foley catheter to collapse.

If problems still persist after all previous steps have been followed, refer to hospital protocol and contact an adequately trained professional for assistance as directed.

For clinical consultation, available 24-hours a day, 7 days a week, contact the BARD® Medical Services and Support Team at 800.227.3357.

Properly Inflated

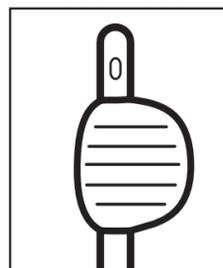


5cc Foley catheter inflated with 10cc of water

# FILL IT UP

## INFLATION REMINDERS

Under Inflated



5cc Foley catheter inflated with 5cc of water

**A**ssure catheter balloon is positioned well-within the patient's bladder.

**B**alloon should be inflated slowly with a gentle, constant force.

**C**ompletely inflate 5cc balloon with the volume prescribed on the package using the entire 10cc of sterile water provided.

**Improperly inflated Foley catheter balloons may cause drainage and deflation difficulties**

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